Ohio Race Walker
3184 Summit Street
Columbus, Ohio 43202



**VOLUME XXXVII NUMBER 3** 

COLUMBUS, OHIO

**MAY 2001** 

# Clausen, Stevenson Hold Off Heppner, Zenner At Penn

Philadelphia, April 28 (Thanks to reports from Vince Peters and Al Heppner)--Two exciting 10 Km racewalks opened Saturday's events at the tradition-packed Penn Relays carnival. The men heard the starting gun at 7 am with the ladies going off an hour later.

Curt Clausen moved out quickly from the first starting gun to establish a lead he never relinquished in winning the men's race in 41:29:15. Covering the first mile in 6:37, he already had an 8 second lead on Al Heppner. He stretched that to 25 seconds by the 5 Km mark, which he reached in 20:42. But, while Clausen walked a steady pace, covering the second half in 20:47, Heppner found another gear and really accelerated over the final 2 Km, which he covered in 8:02. Still, it wasn't enough to threaten Clausen and Heppner settled for second in a personal best 41:36.35. It was Clausen's second Penn Relays crown. Three Wisconsin Parkside walkers, Lachlan MacDonald, Jim Heys, and Matt DeWitt, followed with excellent times.

Maine high schooler Ben Shorey took the Junior title in 44:16.68, actually finishing third among the big boys as all age groups walked together. Second among the juniors was 18-year-old Matt Boyles from Rio Grande University in southeast Ohio. Matt, a newcomer in his first 10 Km race, finished in 48:49.99, walking a steady race with a 23:11 for his first 3 miles and 23:42 for the second three. His teammate, Jim Robinson, also in his first 10, had a very creditable 51:29.24. Rio Grande isn't yet ready to challenge UWP, but a good showing for the guys from the school on the edge of Appalachia. And, to finish the Ohio story, the one responsible for revitalization of walking in the state, Vince Peters, had a personal best 52:49.31 in the master's race, won by Cliff Mimm 49:19.51. On the way, Vince also picked off his best 5 Km with a 25:35.

The women's race was a wire-to-wire nail biter, with Stevenson and Zenner stride for stride the whole way and lapping everyone except Amber Antonia. However, Tara Shea, now at Alabama A&M, set the tempo for the race, leading the first 200 meters. As Stevenson and Zenner took off, Antonia joined them and the trio went through the first mile in 7:20. When the lead pair accelerated to a 7:06 second mile, they left Antonia 16 seconds back. By the final 3 laps, Stevenson and Zenner were doing 1:44s with neither giving an inch. Zenner went wide off the final turn and appeared to have the momentum to win, but Stevenson dug in and held her off to the tape for a 1/2-second win in 22:16.34. The final mile was in 6:58, the final kilometer in 4:13. amd the last 200 meters in 45 seconds. Antonia finished in a good 23:05 for third, a minute-and-ahalf ahead of Sam Cohen. Alina Zeleznova won the junior race in 26:48.80. The results:

Men's Open Race: 1. Curt Clausen, NYAC 41:29.15 2. Al Heppner, US Army 41:35.35 3. Lachlan MacDonald, U. of Wis. Parkside 44:30.04 4. Jim Heys, UWP 45:04.89 5. Matt DeWitt, UWP 45:43.14 6. Greg Dawson, Walk USA 47:26.13 7. Mike Stanton, UWP 48:10.45 8. Rob Williams, Farmingdale College 50:30.18 9. Dave Doherty, Potomac Valley TC 51:01.94 10. William Leggett, un. 51:19.87 11. Jim Robinson, Rio Grande 51:29.54

Junior Men: 1. Ben Shorey, Ellsworth H.S. 44:16.68 2. Matt Boyles, Rio Grande 48:49.99 3. Dan Pendergast, Maine RW 48:59.25 4. Adam Staier, Maine RW 50:39.69 5. Christifor Diaz, South Texas Walking Club 52:47:59 6. Jonathan Chasse, Maine RW 53:44.81

The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$12.00 per year (\$15.00 outside the U.S.) Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit St., Columbus, OH 43202. E-mail address: jmortlan@columbus.rr.com. Approximate deadline for submission of material is the 20th of the month, but it is is usually the 25th of later before we go to the printer, so later material will probably get in.

Master's Men: 1. Cliff Mimm, un. 49:19.51 2. Doug Johnson, Kentucky Racers 51:03.90 3. JIm Carmines, Shore AC 52:02.47 4. Vince Peters, Miami Valley TC 52:49.31

Women's Open: 1. Sara Stevenson, Olivet Nazarene 22:16.34 2. Jill Zenner, Miami Valley TC 22:16.84 3. Amber Antonia, UWP 23:05.52 4. Sam Cohen, Parkside AC 24:37.39 5. Lori Starr, Hastings College 25:49.50 6. Tara Shea, Alabama A&M 26:43.78 7. Katie Rulapaugh, Cedarville Col. 28:51.85 8. Traci Bridges, Olivet Nazarene 29:10.44

Junior Women: 1. Alina Zeleznova, Shore AC 26:48.80 2. Christina Farrel, United Stars TC 26:49.82 3. ALice Tan 26:53.31 4. Amanda Bergeron, Maine RW 27:16.44 5. Keelin Yenney, Sterling TC 27:30.79 6. Elizabeth Paxton, Alexander's Lightning Express 27:30.85 7. Megan Sheehan, Peral River 27:41.59 8. Christine Tagliaferri, Penfield 28:24.92 9. Dana Vered, Paramus, N.J. 28:39.03 10. Allison Snochowski, New Balance 31:32.91

Masters's Women: 1. Sherry Brosnahan, Shore AC 26:54.79

### Other results

8 Km, Westerly, R.I., April 22-1. Maracia Gutsche 42:52 2. Joanne Harriman 54:57 (7 finishers) Men-1. Bob Keating 41:22 2. Stan Sosnowski 47:36 3. Bill Hrriman 47:41 4. Andy Cable 51:56 (10 finishers) 15 Km, Foster, R.L., May 6-1. Joe Light 1:22:37 2. Charlie Mansbach 1:39:36 5 Km, Cambridge, Mass., May 13-1. Bob Ullan 29:49 2. Tom Knatt 30:52 3. Richard Ruquist 30:55 5 Miles, Hauppauge, N.Y., April 29-1. Robert Williams 42:12.6 2. Greg Dawson 42:13 3. Jim McGrath 50:51 (13 finishers) 1/2 Marathon, East Meadow, N.Y., May 6-1. Greg Dawson 1:53:05 2. Nick Bdera (52) 2:05:58 3. Lon Wilson (53) 2:12:32 4. David Wolf (41) 2:12:33 5. James McGrath (64) 2:22:14 6. Joe Fulks (48) 2:23:48 7. Linda Goldstein (50) 2:28:17 8. John Shilling (65) 2:28:42 (35 finishers) Metropolitan 20 Km, New York City, May 20-1. Bill Vayo 1:46:40 (52:35) 2. Michael Korol 1:50:07 52:53) 3. Miriam Ramon, Ecuador 1:50:51 (55:28) 3. Israel Soto-Dupre 1:55:06 5. Gary Null 1:58:51 6. Richard Harper 2:02:17 7. Lon Wilson 2:02:45 8. Bob Barrett 2:03:27 9. Sherwin Wilk 2:03:50 10. Alice Tan 2:08:40 Southeastern Masters, Raleigh, N.C.: 3 Km Men-1. Steve Renard (40) 2. Bob Mimm (76) 33:27.6 3. Ken Long (73) 33:41.2 29:42.3 Women's 5 Km-1. Grace Mutz 31:06.4 2. Judy Witt (51) 31:42.9 Men's 20 Km-1. Steve Renard 1:55:40.3 2. Steve Hubbartt (49) 2:10:11 3. Heinrich Looser (62) 2:12:21 4.Bob Mimm 2:20:41.1 5. Ole Holsti (67) 2:24:13 6. George Sols (69) 2:25:05 7. Andrew Briggs (69) 2:25:10 (11 finishers) 20 Km Women-1. Grace Mutz 2:10:55 8 Km, Mobile, Ala., April 29-1. Dave McGovern 35:35 2. John Vignes 42:22 3. Nick Burrows 43:20 4. Mo Roberts 45:31 6. Vicki Merry 50:42 ((11 finishers) Ohio 15 Km, Middletown, April 22-1. Jill Zenner 1:16:47 2. Chris Knotts (45) 1:26:34 3. Ed Fitch (40) 1;27:43 4. Geoff Robbins (44) 1:32:57 5. Al Cowen (44) 1:34:25 6. Sara Sheets 1:39:46 3 Km, same place-1. Matt Boyles 13:54 2. Jim Robinson 14:18 3. Vince Peters (47) 15:13 4. Eric Smith (18) 16:46 5. Tina Peters (13) 19:03 6. Jenny Gerber 19:10 20 Km, Yellow Springs,

Ohio, May 6-1. Rod Craug (43) 1:46:04 (53:24) 2. Steve Pecinovsky (46) 1:48:53 (53:40) 3. Max walker (54) 1:50:33 (54:23 4. Gayle Johnson (52) 1:53:01(55:01) (U.S. age 50-54 records at both 10 and 20 Km) 5. Ed Fitch (40) 1:54:45 (57:02) 6. Cheryl Rellinger 1:58:03 7. Al Cowen (43) 2:02:24 8.Deb Topham (48) 2:08:52 9. Ross Baranco (51) 2:16:01 10. Cathy Mayfield (49) 2:20:18 DNF-Emma Carter 56:59 at 10 10 Km, same place-1. Dan O'Brien 49:25 (meet record) 2. Chris Knotts (45) 53:04 3. Eric Smith (18) 57:05 4. June Marie Provost, Can. (67) 63:53 5. Katie Rulapaugh 65:45 7. Mirian Jacobs (61) 74:34 5 Km, same place--1. Jill Zenner 22:40 (meet record) 2. Jim Robinson 25:14 3. Leon Jasionowski (56) 25:38 4. Raine Korbakis 28:10 5. Ken Lampar (43) 29:13 6. David Kreimer (55) 29:45 7. Sara Sheets 30:31 8. Tina Peters (13) 31:00 9. Mary Franklin 33:02 10. Jack Shuter (71) 34:04 (14 finishers) 10 Km, Royal Oak, Mich., May 12-1. Dan O'Brien 48:44 2. Ken Lampar 58:10 5 Km, same place-1. Mary Franklin 31:56 (7 finishers) 20 Km, Kenosha, Wis., May 12-1. Al Heppner 1:27:48 (21:29, 43:24, 1:05:38) 2. Jim Heys 1:30:43 (45:23)--a splendid 20 Km debut. 3. Lachlan McDonald 1:33:24 4. Steven Quirke 1:35:37 5. Jill Zenner 1:37:38 (24:01, 47:57, 1:14:03--that 15 Km split doesn't look right, but that's as reported. 1:12:03 would make more sense.) 6. Pablo Gomez 1:37:47 7. Dave Doherty 1:42:29 8. Sam Cohen 1:42:47 9. Matt DeWitt 1:43:09 10. Ali Bahr 1:45:06 11. Jim Carmines (57) 1:47:03 12. Richard McGuire (53) 1:47:40 13. Gayle Johnson 1:50:12 (26:42, 54:18, 1:22:25 Breaks the two records she set 6 days earlier, plus a new record at 15 Km) 14. Al DuBois (69) 2;04:11 15. Jack Starr (72) 2:08:38 16. Bernie Finch (61) 2:25:25 10 Km, same place-1. Will Preischel (40) 48:47 2. Elizabeth Paxton (18) 56:21 3. Carol Wilkinson (45) 62:11 5 Km, same place-1. Paul Regal (12) 27:10 2. Alan Poisner (66) 31:31 3 Km, same place-1. Jolene Moore 17:07 2. Kyle Regal (9) 17:15 3. Ron Winkler (51) 17:31 5 Km, Denver, April 22-1. Francisco Panooja 23:37 2. Jose Pantoja 23:37 3. Jerry Davis 30:06 4. Daryl Meyers (58) 30:41 Los Angeles Marathon, March 4-1. Philip Dunn 3:28:57 2. Susan Armenta 4:19:53 3. Arvid Rolle 4:58:34 5 Km, Los Angeles, March 10-1. Joe Nieroski 24:33 2. Pedro Snntone (40-44) 27:06 3. Rich Campbell (55-59) 27:48 4. John Backlunc (60-64) 30:21 5. Carl Acosta (65-59) 31:28 6. Arvid Rolle (65-59) 32:20 Women: 1. Donna Cunningham (50-54) 29:05 2. Jacklyn Joyo (40-44) 31:32 3. Carol Bertino (50-54) 32:09 4. D. Backlund (55-59) 32:53 5 Km, Los Angeles, March 18-1. Donna Cuningham 29:52 (19 finishers) Men--1. Pedo Santoni 27:15 (11 finishers) 20 Km, same place--1. Curt Clausen 1:26:46 2. Joe Nieroski 1:54:16 3. Dave Crabb (50-59) 1:58:29 4. Rick Campbell (50-59) 2:05:13 5. Roan Baers (50-59) 2:09:25 6. John Backlund (60-69) 2:09:32 7. Carl Acosta (60-69) 2:09:43 8. D. Schumacher (40-49) 2:10:20 (12 finishers) Women-1. Sloan Zsiros 2;07:06 2. Hansi Rigney (50-59) 2:14:23 (8 finishers) 15 Km, Riverside, Cal., May 20-1. Tim Scaman 1:06:55 2. Al Heppner 1:07:32 3. Curt Clausen 1:08:20 4. Sean Albert 1:10:04 5. Joe Nieroski 1:20:59 6. Norm Frable (55) 1:22:47 7. Pedro Santoni (43) 1:27:23 8. Paul Johnson (63) 1:27:26 9. Richard Campbell (55) 1:28:12 10. Jack Bray (58) 1:29:33 11. Richard Lenhart (42) 1:30:14 12. Carl Acosta (57) 1:35:40 13. Dave Schumacher (46) 1:36:26 14. Arvid Rolle (67) 1:39:11 Women-1, Heidi Hauch (41) 1:25:19 2. Sloan Sziros 1:35:13 3. Florence Braun (49) 1:37:52 4. Jolene Steigerwalt (57) 1:38:41 5. Sharon Clairemont (48) 1:38:49 6. Linda Ohlsen (45) 1:39:05 7. Kathy Frable (55) 1:39:09 8. Joanne Elliott (64) 1:40:39 9. Robert Hatfield (60) 1:44:31 (13 finishers) (The first four were using the race as part of a 25 Km workout, and they started out with just a 23:05 for the first 5 and 45:22 at 10. Then Heppner got competitive and the pace quickened. So much so, that only Clausen finished the workout. 5 Km, Auburn, Cal., April 29-1. Ann Gerhardt (49) 28:43 2. Karen Stovanowski (46) 31:15 3. Doris Cassels (61) 31:35 45. Trish Caldwell (55) 32:49 5. Shirley Dockstader (68) 32:52 6. Marge Garnero (60) 32:54 (19) finishers) Men--1. Eric Poulsen (49) 26:06 2. Shoja Torabian (52) 26:40 3. Joe Berendt (45) 27:13 4. Jack Bray (68) 27:32 5. Ed Lane (64) 31:03 6. Stu Kinney (61) 31:42 7. Bob Rose (48) 31:45 8. Ed Flint (53) 31:53 (12 finishers) 50 Miles, San Francisco, April 21--1. Eric Poulsen (49) 9:00:38 (Actually finished 11th among 20 runners as the only racewalker) 5 Km,

Kentfield, Cal., April 22--1. Eric Poulsen 26:35 2. Shoja Torabian 26:41 3. Peter Corona 30:44 4. Bob Rose 31:50 5. Doris Cassels 31:51 (10 finishers) 20 Km, Palo Alto, Cal., May 6--1. Sean Albert 1:26:24 (21:24, 42:41, 1:04:19) 2. Curt Clausen 1:29:46 3. TIm Seaman 1:33:33 DNF--Andrew Hermann (12.6 Km) 3 Km, Seattle, March 31--1. Sharon Yen 15:53.8 2. Kate Brooker 16:03 (both from Simon Fraser U.) 2.8 Miles, Seattle, April 14--1. Stan Chraminski 24:09 2. Joslyn Slaughter 26:)7 3. Ann Tuberg 26:45 4. Bev LaVeck 26:55 (16 finishers) 10 Km, Seattle, April 22--1. Blair Miller, Canada 44:02.9 2. Gerry Dragomir, Can. (49) 51:53 3. Stan Chraminski (53) 54:52 4. Kelly Murphy-Glenn (40) 55:25 5. Bob Novak (51) 56:15 6. Mary Snyder (50) 57:47 7. Doug Vermeer (47) 58:21 8. Joslyn Slaughter (42) 59:01 9. Ann Tuberg (41) 60:24 10. Bev LaVeck (65) 60:33 11. George Ospahl (59) 61:14 12. John Backlund (61) 62:48 (17 finishers, 1 DQ) 3 Km, same place--1. Joel Pearson (15) 16:40.8

#### From Other Lands

European Cup, Dudince, Slavakia, May 19: Junior Women's 10 Km--1. Tatyana Kozlova, Russia 46:08 2. Marina Tikhnava, Belarus 46:31 3. Yekaterina Izmaylova, Russia 46:42 4. Athanassi Tzoumeleka, Greece 46:43 5. Beatriz Pascual, Spain 47:23 6. Ekaterina Labashove, Belarus 47:38 Teams--1. Russian 4 2.Belarus 9 3. Greece 12 4. Spain 21 5. Hungary 35 France 35--Kozlova repeated her win of last year, but was 40 seconds slower. Junior Men's 10 Km-1. Yevgeniy Demkov, Russia 41:16 2. Sergei Lystsov, Russia 41:18 3. Mikalai Seradovich, Belarus 41:30 4. Aleksander, Strokov, Russian 41:53 5. Andrei Talashka, Belarus 42:12 6. Dmitriy Malinovsky, Belarus 42:23 Teams-1. Russia 3 2. Belarus 8 3. Poland 21 4. Greece 23 5. Italy 26 6. Ukraine 30--Demkov was silver medalist in last year's World Junor Championships. Women's 20 Km-1. Olimpiada Ivanova, Russia 1:26:48 2. Natalya Fedoskina, Russia 1:26:50 3. Elisabetta Perrone, Italy 1:27:09 4. Erica Alfridi, Italy 1:27:29 5. Yelena Nikolayeva, Russia 1:28:20 6. Norice Cimpean, Romania 1:29:25 7. Maria Vasco, Spain 1:30:11 8. Valentina Tsyjulskaya, Belarus 1:30:37 9. Gillian O'Sullivan, Ireland 1:31:13 10. Natalya Misulya, Belarus 1:31:21 11. Annarita Sidoti, Italy 1:31:43 12. Valentina Savchuk, Ukraine 1:31:48 13. Jolanta Dukure, Latvia 1:32:11 14. Elena Isar, Romania 1:32:26 15. Melanie Seeger, Germany 1:32:57 Teams-1. Russia 8 2. Italy 18 3. Belarus 35 4. Spain 48 5. Ukraine 51 6. Romania 57--Portugal's Susana Feitor was DO'd about 1 km from the finish, while in the lead and Olympic silver medalist Kjersti Platzer, Norway, did not finish. Ivanova, the mother of an 11-year-old daughter, is the World record holder. She just held off teammate Fedoskina, 10 years her junior, to defend her Cup title. She did not compete in Sydney last year. Looking toward the World Championships in Edmonton, she observed, "In Edmonton, we will not start so fast. We will observe each other." Men's 20 Km-1. Viktor Burayev, Russia 1:19:30 2. Yevgeniy Misulya, Belarus 1:19:45 3. Andreas Erm, Germany 1:19:51 4. Francisco Fernandez, Spain 1:20:02 5. Vladimir Andreyev, Russia 1:20:14 6. Jiri Malysa, Czech. Rep. 1:20;21 7. Denis Nezhegorodov, Russia 1:20:42 8. Aigars Fadeveys, latvia 1:20:51 9. Ivan Trotskiy, Belarus 1:21:43 10. Juan Molina, Spain 1:21:51 11. Dmitriy Yesipchuk, Russia 1:22:05 12. Lorenzo Ciavallero, Italy 1:22:10 13. Silviu Casandra, Romania 1:22:34 14. Antony Gillet, France 1:22:44 15. Joao Vieira, Portugal 1:22:52 Teams-1. Russia 13 2. Spain 34 3. Italy 55 4. Larvia 56 5. France 80 6. Romania 84--Burayev is still a junior, the first ever to win a major men's international race. He was bronze medalist in the 2000 World Junior Championships. Misyula in second is 18-years older than his conqueror and was 1991 World Championships silver medalist. Men's 50 Km-1. Jesus Garcia, Spain 3:44:26 2. Nikolay Matyukhin, Russia 3:45:48 3. Vladimir Potemin, Russia 3:46:12 4. Santiago Perex, Spain 3:46:52 5. Denis Langlois, France 3:48:06 6. Alexey Voyevodin, Russia 3:48:51 7. Viktor Ginko, Belarus 3:50:59 8. David Boulanger, France 3:51:36 9. Steefan Malik, Slovakia 3:51:58 10. Denis Trautmann, Germany 3:52:16 11. Rene Piller, France 3:52:18 12. Yuriy Andronov,

Russia 3:52:57 13. Francesco Galdenzi, Italy 3:53:01 14. Zoltan Czukor, Hungary 3:53:18 15. Giovanni de Benedictis, Italy 3:54:12 Teams-1. Russia 11 2. Spain 21 3. France 24 Italy 48 5. Germany 57 6. Portugal 70--Garcia picked up his third Euripean Cup gold medal, and also has a silver. He won gold at the 1993 World Championships and 1997 World Cup. He also has two World Cup silvers and one World Championship silver, but has never fared well at the Olympics (10th in 1992, DNF in 1996, and 12th in 2000). In this race, he came from third place in the final 10 km to score a decisive win. 20 Km, Mexico, April-1. Jesus Sanchez 1:26:27 2. Mario Ivan Flores 1:26:27 3. Omar Segura 1:27:09 Women--1. Maria Sanchez 1:34:32 2. Jane Saville, Australia 1:35:26 3. Erica Alfridi, Italy 1:35:46 Australian 50 Km Championship, Melbourne, May 13-1. Liam Murphy 3:54:57 (46:56, 1:33:45, 2:20:02, 3:06:19) 2. Darren Brown 3:55:05 (46:37, 1:32:41, 2:18:03, 3:03:58) 3. Duane Cousins 3:59:25 (46:37, 1:33:02, 2:19:14, 3:08:02) 4. Dominic McGrath 4:01:53 DQ-Craig Barrett, N.Z. (44:45, 1:29:49, 2:15:32, 3:03:11, out at 42.5 km) Victorian Veterans 20 Km, Melbourne, May 13-1. Andrew Jamieson (50+) 1:36:56 2. Murray Dickinson (60+) 1:50:06 3. Tony Johnson (60+) 1:53:27 Women's 10 Km, same place--1. Heather Carr (50+) 54:03. . . 3. B. Riley (60+) 58:16 European Vets 3 Km, Bordeaux, France, March 10: Men 40-1. Jose Dusautori, Spain 13:27.42 Men 45-1. Vladimir Tokaryev, Ukraine 13:12.96 Men 50--1. Yves Mderele, France 13:51.64 Men 55--1. Anthony King, Ireland 14:16.86 Men 60- Brian Gore, Great Britain 15:36.11 Men 65-1. Zigurds Irbe, Latvia 15:40.07 Men 70--1. Douglas Fotheringham, GB 17:28.28 Men 80--1. Joseph Bouillon, France 23:41 Women 35--1. Isabel Piocelle, France 15:58.45 W 44--1. Nadine Mazuir, France 14:27.70 W45--1. Natalie Sapounova, Italy 15:48.30 W. 50--1. Suzanne Loyer, France 17:03.10 W.55--Frieda DeWolf, Belgium 17:30.56 W60-1. Jill Langoord, GB 18:43.87 W65--1. Josette Sommier, France 18:06.34 5 Km, Rio Maior, Portugal, May 9: Women--1. 20:40.24 2. Sofia Avoila 22:23.14 3. :Ines Henriques 22:29 Men--1. Augusto Cardoso 19:42.84 2. Sergio Vieira 20:21.70 3. Dionisio Ventura 21:25.66 10 Km, Spala, Poland, May 6-1. Grzegors Sudo. 41:32.90 2. Roman Magdziarcxyk 41:44.90 3. Stanisław Stosik 42:45 Juniors-1. Beniamin Kucinski 41:22.45 2. Rafal Dys 42:57 Women--1. Joanna Baj 22:47.84 2. Agnieszka Olesz 23;07 Juniors-1. Anna Szumny 23:21 20 Km, Provo, Italy, April 22-1. Cristiana Pellino 1:32:36 2. Gisella Orsini 1:32:59 3. Lisa Barbieri 1:33:13 4. Elisa Rigaudo 1:35:14 5. Emanuela Perilli 1;38:57 6. Francesca Balloni 1:39:26 (23 finishers, 3 DQs, 2 DNF) Men-1. Marco Giungi 1:22:22 (42:07, 40:15) 2. Lorenzo Civallero 1:23:19 (42:14) 3. Vittorino Mucci 1:24:08 4. Alfio Santo Corsaro 1:24:20 5. Ivano Brugnetti 1:24:38 6. Patrick Ennemoser 1:25:06 7. Michele Didoni 1:25:14 (42:14 in 3rd at 10) 8. Sebastiano Catania 1:25:52 9. Enrico Lang 1:26:29 10. Diego Cafagna 1:26:38 (30 finishers, 16 under 1:30) East Asian Games, Osaka, Japan, May 24: Women's 20 Km-1. Hongyu Liu, China 1:32:06 2. Maya Sazonova, Kazakhstan 1:32:31 3. Yan Wang, China 1:35:45 4. Kim Mi-Jong, Korea 1:35:45 5. Svetlana, Tolstaya, Kaz. 1;37:28 6. Kaori Nikaido, Japan 1:40:40 Men's 20 km-1. Zewen Li, China 1:24:10 2. Staoshi Yanagisawa, Japan 1:24:25 3. Sergey Korepanov, Kaz. 1:24:42 4. Daisuke, Japan 1:24:59 5. Valeriy Borisov, Kaz. 1:25:18 6. Shin Il-Yong, Korea 1:25:43

### The Good Doctor Enjoys His Long Walks

On May 5, Hawaiian chiropractor Eugene Kitts became, if my memory serves correctly, the second American to qualify for the annual Paris-to-Colmar race in France, a race of more than 500 km. Walking a 200 Km race (with a 24 hour time limit) in Dijon, France, Gene moved through the field to finish fifth, covering 181 Km in 24:28:24 (walkers finish the lap they are on at the 24-hour mark, he started his final lap at 23:58:50).

Now 53, Kitts came into the racewalking sport in 1986 or 87 and by 1989 he qaulified for the the 1989 U.S. World Cup team at 50 km, repeating in 1991 and 1995. He was also on our

Pan-Am Cup teams in 1988 and 1990. His personal bests in the Olympic events are 1:38:57 (1987) and 4:15:13 (1991). Now, he has decided to go for the ultra-distance events.

The winner of the Dijon event was Vladimir Kazantsev, Belarus, who did 192.565 km in 24:07.26, a pace of 7.986 km/hr. Russia's Sergei Dvoteski was second with 185.316 km in 24:04.26-2 seconds ahead of Vladimir Ossipov of Belarus, an unbelievably close finish over this distance. Ossipov was 55 minutes behind Dvoretski at the halfway point, but had cut that to about 20 minutes with 50 km to go. Pierre Lachiver of France was 18 1/2 minute ahead of Gene in fourth. The 16th place finisher did one less lap than Gene (3 km 671 meter lap), but at 24:00:50 was just 2 minutes back of Gene as Gene started his final lap. Just 51 seconds faster and he could have pursued Gene on the last lap.

Gene's time came out to 7.422 km/hr. He was 19th at 50 Km, moved up to 9th by 100 km, and 7th at 150. He had one bad spell starting after 21 Laps (115+km--a first lap measured 5 km 437 meters before they started the 3.671 km laps) when he slowed from a 27:29 lap to 33:51 and 32:40. He revived somewhat with a 29:29 and 30:24, but then really hit a bad patch with laps of 35:34, 45:34, and 39:13 as he fought nausea. He then got back to several laps in the 32 minute range before closing gloriously with 30:29, 28:54, 28:37, and 29:34. Gene reported the race as "a lot of fun", which is hard for some of us to fathom. However, when I talked to him a week or so following the race, he was still nursing a sore groin and was uncertain about going back for the really long one, which starts on May 31. He badly wants to, anticipating more "fun" in being out there for the better part of 3 days. If he does participate, we'll have the result next month. I believe Paul Hendricks, sometime in the late '70s or early '80s, is the only U.S. walker to participate in the Paris-Colmar race. He was unable to finish. (For our most recent discussions of the Paris-Colmar race, look back to the August and October, 2000 issues.) Results: 1. Vladimir Kazantsev, Belarus 24:07.26 for 192.658 Km 2. Sergie Dvoretski, Russia 24:04:26 for 185.316 3. Vladimir Ossipov, Belarus 24:04:28 for 185.316 4. Pierre Lachivar, France 24:09:54 for 181.645 5. Eugene Kitts 24:28:24 for 181.645 6. Slvio Scuka, Italy 24:00:50 for 177.974 7. Yeves Merugey, France 24:15.15 for 177.974 8. Anatoli Tourov, Belarus 24:04:15 for 174.303 (20 of 42 starters were still going at the finish) Women--1. E. Thanron-Lescure, France 24;04:51 for 166.961 2. Jill Green, Breat Britain 24:28.25 for 166.961 3. Susan Clements, GB 24:00:37 for 152.277 (7 of 12 starters finished)

### Get A Kick By Walking Quick, Just Take Your Pick

Fri. June 8	1 Mile, Houston (J)
Sat. June 9	2.8 Miles, Seattle, 9 am (C)
	1 Hour, Yellow Springs, Ohio (M)
	Eastern Regional 20 Km, Long Island, 8 am (F)
Su:n. June 10	Ohio 10 Km, site to be determined (M)
	3 Km, Alexandria, Vir., 8:30 am (O)
	1 Hour, Marin, Cal. (P)
	5 Km, Cambridge, Mass., 9:30 am (AA)
	New England 20 Km, Charlestown, R.I. (AA)
Mon. June 11	5 Km, Long Branch, N.J., 6:45 pm (A)
Wed. June 13	1 Mile, Holmdel, N.J. (A)
Fri. June 15	1 Mile, Houston (J)
Sat. June 16	5 and 10 Km, Royal Oak, Mich. (S)
	5 Km, Long Island, 9 am (F)
	New England 3 Km, Dedham, Mass. (AA)
	National USATF Junior Championships, Richmond, Va.
	10 KM, Denver, 8:30 am (H)

MAY 2001 PAGE 7

	Pac. Assn. 5 Km, San Francisco (R)
Sun. June 17	5 Km, Denver, 9 am (H)
Sun. June 17	5 Km, Pasadena (Y)
Mon June 19	5 Km, Long Branch, N.J., 6:45 pm (A)
Mon. June 18	10 Km, Long Island (F)
	5 Km, Denver, Col., 6;30 pm (H)
Thu. June 21	
Fri. June 22	1 Mile, Houston (J) 5 Km, Denver, 8:30 am (H)
Sat. June 23	National USATF Men's 20 Km, Eugene, Ore. (Qualifying standard 1:36)
Sun. June 24	Michigan 8 Km Championship, Kalamazoo (X)
	3 Km, Alexandria, Vir., 8:30 am (O) Metroplitan 15 Km, New York City, 9 am (G)
	5 Km, Tinton Falls, N.J. (A)
	5 Km, Denver, 8 am (H)
	5 Km, Marin, Cal. (P)
	National USATF Women's 20 Km, Eugene, Ore. (Qualifying
	standard 1:48)
Mon. June 25	5 Km, Long Branch, N.J., 6:45 pm (A)
Wed. June 27	1 Mile, Ocean Twp., N.J., 6:15 pm (A)
Thu. June 28	1500 meters, Yellow Springs, Ohio (M)
Fri. June 29	1 Mile, Houston (J)
Sat. June 30	1 Mile, Royal Oak, Mich. (S)
Sun. July 1	5 Km, Long Island (F)
Mon. July 2	5 Km, Long Branch, N.J., 6:45 am (A)
Wed. July 4	5 Miles, Dedham, Mass. (AA)
	8 Km, Alexandria, Vir., 7:30 am (O)
	5 Km, Evergreen, Col., 8 am (H)
	5 Miles, Sacramento, Cal. (E)
Thu. July 5	3 Km, Long Island, (F)
Sat. July 7	Ohio USATF and Buckeye State Games 3 Km, West Carrollton (M)
	5 Km, Denver, 8 am (H)
Sun. July 8	3 Km, Alexandria, Vir., 8:30 am (O)
	Metropolitan 5 Km, New York City, 10 am (G)
Mon. July 9	5 Km, Long Branch, N.J., 6:45 pm (A)
Tue. July 10	5 Km, Cambridge, Mass, 9:30 am (AA)
Wed. July 11	1 Mile, Ocean Twp., N.J., 6:15 pm (A)
Sat. July 14	2.8 Miles, Seattle, 9 am (C)
,	5 Km, Lakewood, Col., 8 1m (H)
	Bay State Games 3 Km, Cambridge, Mass. (AA)
Sun. July 15	3 Km, Long Island, 9 am (F)
Mon. July 16	5 Km, Long Branch, N.J., 6:45 pm (A)
Wed. July 18	1 Mile, Ocean Twp., N.J., 6:15 pm (A)
Thu. July 19	3 Km (track), Cedarville, Ohio (M)
Sun. July 22	3 Km, Alexandria, Vir., 8:30 am (O)
	National 30 Km, Men and Women, Kenosha, Wis. (B)
	5 Km, Aurora, Col., 8 am (H)
Mon. July 23	5 Km, Long Branch, N.J., 6:45 pm (A)
Wed. July 25	1 Mile, Ocean Twp., N.J., 6:15 pm (A)
July 26-29	USATF Masters Championships, 5 and 10 Km, Baton Rouge, La.
Mon. July 30	5 Km, Long Branch, N.J., 6:45 pm (A)
70	et 950

**MAY 2001** 

Sun. Aug. 5

3 Km, Alexandria, Vir., 8:30 am (O)

Metropolitan 3 Km, New York City, 9 am (G)

Mon. Aug. 6 5 Km, Long Branch, N.J., 6:45 pm (A)

#### Contacts

A--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764

B-Mike DeWitt, 262-595-2405, dewitt@uwp.edu

C--Bev LaVeck, 6633 N.E. Windermere Road, Seattle, WA 98115

D--Walking Club of Georgia, PO Box 190011, Atlanta, GA 31119

E--Sierra Race Walkers, P.O. Box 13203, Sacramento, CA 95813

F--Jake Jacobson, P.O. Box 640, Levittown, NY 11756

G--Stella Cahsman, 320 East 83rd St., New York, NY 10028

H--Bob Carlson, 2261 Glencoe St., Denver CO80207

I--New Mexico Racewalkers, PO Box 16102, Albuquerque, NM 87191

J-Dave Gwyn, 6502 S. Briar Bayou, Houston, TX 77251

M--Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387

O-Sharon Good, 12521 Eastbourne Drive, Silver Spring, MD 20904

P--Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914

Q--Florida Athletic Club-Walkers, 3331 NW 22nd St., Coconut Creek, FL 33066

R--Ron Daniel, 1289 Balboa Court, Apt. 149, Sunnyvale, CA 94086

S--Frank Soby, 3907 Bishop, Detroit, MI 48224

V--Pat Walker, 3537 S. State Rd. 135, Greenwood, IN 46143

X--Bill Red, 8242 Greenfield Shores, Scotts, MI 49088

Y-Walkers Club of Los Angeles, 610 Woodwarad Blvd., Pasadena, CA 91107

AA-Justin Kuo, 30 Oakland Road, Brookline, MA 02146

### From Heel To Toe

Corrections. In reviewing the National Invitational 20 km, I credited Sean Albert with a personal best with his 1:26:55. Wrong! He had a 1:26:54 in the 1999 Nationals. Thanks to John Soucheck for the correction. John also let me know I was too generous in his case. His seventh place time at the National 50, was 4:43:52, not 4:43:36. . . Nostalgia. I was surfing to see what sports were available on Saturday afternoon a few weeks back and came upon an ABC Wide World of Sports 40th Anniversary review. Jim McKay was waxing eloquent about the programs beginnings while clips from early shows flashed on the screen. He mentioned the USA-USSR dual T&F meet in Moscow in 1961 as one of their first ventures and suddenly, there was a race walker on the screen, striding out of a stadium. "Hey!" I said to myself (I was alone at the time), "That's Gennadiy Solodov leaving the Stadium in Moscow during our 20 Km walk." McKay made no mention of what was showing, but I knew. The shot must have been taken sometime in the middle of the race, because no one else was in view. We left the stadium initially in a tight, fourman group onto a 5 km lap that passed through the stadium at the end of each lap. The Soviets soon left us and the race wasn't too exciting the rest of the way. Results: 1. Solodoy, USSR 1:38:11.2 2. Grigoriy Panichkin, USSR 1:39:30.4 3. Jack Mortland, USA 1:42:23.6 4. Ron Zinn, USA 1:44:58.2-one of the two times I beat Ron. . . Racewalk history. I don't have it yet, but a new book The Hero Within Us: A History of of Track and Field in the 20th Century From a Michigan Perspective has just been published. The 668 pages of text include a chapter on racewalking. Author Keith McClellan earlier wrote an award-winning football history. He spent 3

years researching the new book. You can purchase it for \$26 (including shipping) from Keith McClellan, 14100 Balfour Street, Oak Park, MI 48237. . . Walk the weekend away. Viisha Sedlak and the American Walking Association will present a Walkers Training Weekend in Boulder, Colorado on June 30 and July 1. Saturday's sessions from 8 am to noon and 2:30 to 5:30 pm will cover walk technique, videotaping, training plans, drills, stretches, supplementary training care, footwear, how to do hills, and unique visualization and training exercise with show horses. The Sunday session from 8 am to noon will include how to walk faster, racing strategies, your form viewed by a national judge, rules of racing, eating to be lean, fat reduction tips, recovery techniques for faster conditioning, visualization exercises, and other mental training techniques. Cost is \$175, not including hotel. Contact the American Walking Association PO Box 20491, Boulder, Co 80308, ph. 303-938-9531, e-mail viisha@americanwalk.org for further information. Inspiration. In another recently published book, 33 members of the Marin (Cal.) Race Walkers tell their own stories of their personal journeys to a healthy lifestyle, of which racewalking is an important ingredient. For more information on Mrian Race Walkers Tell Their Stories, contact Jack Bray at Vitality Plus Institute, PO Box 21, Kentfield, CA 94914. . . Note cards. The Golden Gate Racewalkers are offering note cards with a color picture of the start of a well-attended walking race on the front. A set of 10 cards goes for \$12, plus \$1 postage. Contact Jon Borset, 1340 Pine Street, San Francisco, CA 94109, 415-673-6390. . Marie Henry. Elliott Denman has let us know of the passing of Marie Henry, well known in masters walking circles. She died at age 77 on April 28 after a fall at her home in Brick Twp., N.J. This Shore AC athlete was "a wonderful lady with friends everywhere, a Mom of two, a devoted wife for 49 years, and grandmother of two. . and one great walker." Marie was named the country's Women's Master Walker of the Year in 1988 when she set numerous records at a wide range of distances. She was a wave in WWII and a former professional dancer. Husband Don survives. Elliott notes that the Don and Marie Henry award, presented by the Shore AC for many years to the leading women's Masters walker, will now be presented in her memory. . . Splits. Here are split times at each 10 km for some of the competitors in the National 50, which we covered last month. Philip Dunn: 47:20, 1:34:20, 2:21:38, 3:09:05, 3:57:34-or, to better show his strong even pace, 47:20, 47:00, 47:18, 47:27, 48:29. Curt Clausen-46:28, 1:33:37, 2:23:31, 3:16:48, 4:06:29. Tim Seaman 47:20, 1:34:18, 2:21:33, 3:09:26, 4:14:27. Susan Armenta 58:22, 1:57:45, 2:54:49, 3:52:00 4:49:57. Kora Boufflert 57:20, 1:56:26, 2:57:22, 4:02:44, 5:07:18. . . Record. Among three world records ratified by the IAAF on May 16 were two for racewalking. One was the 45:35.2 for 10 Km racewalk by Russian Junior Lyudmila Yefimkina on May 20, 2000 in Moscow. The Junior 10 Km is a new record category for the IAAF, so Yefimkina is the first record holder. Also in the junior category, Russian Victor Burayev's 38:46.4 for 10 km broke the record of 38:54.75 set by Ralf Kowalksi (GDR) way back in 1981. As reported earlier in this issue, Burayev, still a junior, recently won the European Cup 20 Km. . . Defending our turf. The May 2001 issue of Track & Feld News contained the following letter: "I found your article in the April issue on the problems of race "walking" quite amusing. After reviewing the fiasco at Sydney and the challenge of building shoes with built-in warning devices, you conclude by stating that just about everybody (agrees) that something needs to be done.' Well, yes, something does in fact need to be done; we need to pitch the 'walks' out of track & field competition immediately. They are a complete farce and have no place in modern athletics. The 'walks' originated in the same era that gave us the standing high jump and the three-legged race. Those events are long gone and unlamented; the 'walks' need to be deposited on the same historical junk heap. Defenders of this discipline will cry that 'walkers' are devoted and talented people who train hard, etc. This may be true, but it doesn't matter. All sorts of people are devoted and skilled in all sorts of things-from unicycle riding to memorizing Shakeseare. In themselves, devotion and skill have nothing to do with the athletic validity of a given discipline; we might say that they are necessary, but not sufficient conditions for athletic legitimacy 'Walkers' may all be wonderful human beings' it's just their event that's an

**MAY 2001** 

abomination. Race 'walking' does not have a problem that needs to be solved; it is the problem and it is quite beyond solution. The sport of track & field has nothing to lose by dropping this antique discipline from its purview now." Keith F. Davis, Overland Park, Kansas. Well, personally, I always thought the standing jumps were neat events and wondered why they were dropped. And, I really wasn't particularly offended by the gentlemen's thoughts. I can see how a person could think that way about what we do. I have my own thoughts about some abominable sports. And, most sports, if you examine them closely, are a bit ridiculous, perhaps abominations. I guess I was more offended that T&FN chose to publish the letter. Anyway, I know they received at least a few rebuttals to Mr. Davis' opinions and, to their credit, chose to publish one in the June issue. I don't think we could have expected them to publish more than one. Jerry Young, a walker of some note a few years back (see Looking Back, 25 Years Ago), was the lottery winner in the get your-letterpublished drawing, and he took an interesting approach, citing some of the problems the larger sport has these days. He said: "I read with amusement the letter on the 'Walk Solution'. This writer may be right. With track & field's current problems such as no TV and badly run press services alike, I think the walks should consider other options. Like the PGA, Eco-Challenge, Survivor, the X Games. Need I go on? It is obvious that walkers are getting little or nothing from the supposed track gods. Keith Davis obviously does not go to track meets near his own state. At a recent Missouri indoor meet, we had more walkers than 5000 meter runners. (Ed. Why didn't i get that result?) Also, has he been to a Senior Olympic track meet lately? At the last few Bix road runs walkers have doubled the runners. You know, he might be right. We should take some of the walking money road races have been getting and take the nation's largest participant sport elsewhere, where we can get some respect. Oh, I forgot to mention all those walking shoes Nike and Reebok sold to pay for the Nike track runners and road runners nobody has heard of." Jerry Young, St. Louis, Missouri. So, we'll settle for that reply and let our sport go on, as it will. . .National Chairmen. Charlie Silcock, who chaired the National RW Committee (then of the AAU) in 1965 and in 1971-2, has suggested, and it's a good suggestion, that there should be a list compiled of National Chairmen, if one doesn't already exist. He offers the following start from off the top of his head: 1940s and part of the '50s, I think, was Ernest B. Smith of the Detroit area. Then Phil Jachelski from Baltimore in the '50s and through 1963. Then Joseph B. Tigerman from Chicago. In 1966, I think it was John MacLachlan followed by Bruce MacDonald in 1967. Then it was John Deni and Maybe Jacahelski again. In 1970, it was likely either Jachelski or Butch Hammer from Iowa. I've lost track after that, except I remember Bob Kitchen and the fellow from the state of Washington. So, the question is, does a list of National Racewalk Chairmen already exist and if not, does anyone out there have the memory, or the archives, to supply one? Charlie and I wait anxiously for your reply. . Albuqerque revisited. Charlie also refers to our item in the Marach 2001 Looking Back feature on the 1966 National 1 Mile in Albuquerque. He has a neat story I had never heard before, but it may bring memories to a few readers who were in that race. He says: "Yes, Rudy Haluza came from what appeared to be an impossible distance to nail Don DeNoon at the wire. It was also the first race we had ever seen John Knifton. The race was such a smash success that everybody in town was talking about it. The meet director and I cooked up a deal where we would have a "show" racewalk the second night of the meet. Some of the guys had either gone home or had eaten too much and stayed up too late, but we got them together and I 'coached' them to exchange the lead each straightaway and then with one lap to go it was everyone for themselves. I had the privilege of calling the race like a horse race. 'That's Ron Laird of the NYAC in the lead, our two-time Olympian. Moving into second is last night's close winner, Rudy Haluza of the USAF. Back in third is former National Champ Ron Daniel cruising along steady. Then there is so-and so moving strongly into fourth with plenty left. And John Knifton of England coming along waiting to make a move. Etc., etc." The crowd loved it and we all got an ovation."

## Open Message to All Interested in the Future of the Racewalk in the USA From Sal Corrallo, Former National USATF Racewalk Chairperson and Current USATF Masters Level Racewalk Official

There has been a lot of discussion over the past two years on what is wrong with American racewalking and what needs to be done to make it better. Some of the suggestions have been new and original and some good, but repetitive. Few have been implemented. Over the same period, two events have occurred that have a current and future impact on the development of the sport. One is the election of Dan Pierce as the USATF National Racewalk Chairperson and the other is the founding of Racewalking International by John MacLachlan. In discussions with both these men, I volunteered to conduct a long range planning exercise and make it available to them to use. Both indicated they would like to have the information developed from the planning exercise.

This is to be a positive activity. We are looking for things that should and can be done. More specifically, a set of questions will be posed around the stages of development an athlete might go through, beginning with youth track and ending with a berth on an Olympic Team. The stages to be considered generally relate to the age and schooling of the athlete. They are: Stage I, Youth or Elementary School; Stage II, Junior or High School; Stage III Intermediate of College; Stage IV, Open or Post College; and Stage V, National/Olympic Team.

As a starting point, I am asking those in the larger track and field community, periodically, for further comment. As you send in your comments and suggestions, make them as brief as possible, try to offer realistic suggestions and/or programs, and indicate how the suggestions or programs can be implemented. Draw on information/experiences on existing programs when available. Although, in the implementation stage a number of you may be called to participate, don't let that deter you from making suggestions. I have to believe we can do better with this sport if we all work together.

The following set of quesitons will be asked under each stage. You can respond to one or all. While we ask for responses in sequence, allowing two weeks for each, you may comment on any stage. They will be compiled when that stage is called. Your responses are to be sent directly to me. The time will come when general comments will be welcome, but after I have had a chance to summarize the suggestions. The first stage to be considered is the youth or elementary school level. When responding, cite the stage (I-V) and the number of the question being addressed. Your responses should consider not just the needs of the athlete directly, but support services such as coaching aids, officials, competitions, incentives, and other support services. Where necessary, consider the time needed to implement a suggestion. It is expected that some activities can be implemented and completed within the next year, but most activities will likely cover more than one year. Clearly USATF and/or RWI are not able to address all the needs. However, they can provide leadership and encourage others to help. The hope is that through this exercise most involved in the sport of racewalking will be moving in the same direction.

The questions:

- 1. What should be the national goal for this age group?
- 2. What progams or activities are currently available to athletes in this age group?
- 3. What needs to be added to the current set of programs or activities?
- 4. What are the barriers to making existing programs better and/or adding the programs or activities?
- 5. What resources are needed, both human and material?
- 6. Who should be responsible and who should be enlisted to assist?
- 7. What can you or other do to help?

Reply to Sal Corrallo, 72 Creek Drive, Millboro, DE 19966. E-mail corrallo@erols.com

**MAY 2001** 

# **IAAF Rule Changes**

There has been some talk and little understanding of reported changes to the rules of racewalking. The following communique from Bob Bowman to your editor should clear the air. His letter to me is dated March 30 and I had hoped to publish it last month, but used up the available space. Bob is a member and former chairman of the IAAF Racewalk Committee. He notes that this is a cut-and-paste of the IAAF report on rules.

Every four years, the International Amateur Athletic Federation (IAAF), the international governing body for athletics (track & field, long distance running, and racewalking) makes what they feel are necessary technical rule changes. This year is a technical rules year and the rule governing racewalking (IAAF Rule 230) is under revision in a number of areas. Proposed amendments to technical rules must be submitted 6 months prior to the 2001 IAAF Congress to be held in conjunction with the 2001 IAAF WOrld Championships in Edmonton this coming August. The proposals may only be made by member federations, IAAF Committees, the IAAF Council, Area Councils, or an IAAF Council member. All proposed rule changes to Rule 230 are first reviewed by the IAAF Racewalking Committee. The committee makes further amendment proposals, combines various proposals, and submits a set of final recommendations to the IAAF Council and Congress.

The IAAF Technical Committee follows the same process in making their final recommendations for all the rule proposals. However, they usually support the IAAF Racewalking Committee regarding proposals to Rule 230. The IAAF Congress, composed of delegates from all 210 member federations, makes the final determination as to the new rule amendments. Rarely are the recommendatons by the IAAF Racewalking Committee rejected. Under a special emergency provision in the rules, the IAAF Council may approve rule changes that go into effect immediately. This also requires an eventual confirmation by the IAAF Congress.

This year's recommended proposals by the IAAF Racewalking Committee include the following amendments. The first three listed go into effect immediately, having been passed by the IAAF Council at their March 11-13, 2001 meeting under the emergency provision.

- For IAAF Rule 12.1 (a) competitions (World Championships, World Cup, and Olympic Games), the Chief Judge has the power to disqualify a competitor when his/her mode of progression obviously fails to comply with the definition of racewalking, regardless of his/her having received previous warnings. Giving this special power to the Chief Judge is somewhat controversial. However, the risk of allowing competitors, especially at the finish, to not be disqualified for obvious violations of the rules was considered to be a greater danger to the integrity of racewalking at the international level than the possible risk of an abuse of such power by the Chief Judge. The appointed Chief Judges at this level are selected because of their past integrity and sound judgement. It was felt that racewalking could be in further danger if the rules are not properly enforced at these high-profile competitions. This amendment to the rules is designed to help insure this.
- 2. In competitions held under IAAF Rule 12 (a), (b), and (c) (all international competitions including area events), a deputy Chief Judge may be appointed from the Judging Panel by the Chief Judge to assist with the duties of the Chief Judge, except the special situation noted in (1) above. The deputy Chief Judge shall not act as a judge in IAAF Rule 12.1 (a) competitions. This rule is designed to help prevent slow notification of disqualifications, especially in situations similar to the Sydney Olympics where the walk course was located a great distance from the stadium. In these situations, the Chief Judge in unable to cover both the course and the finish route back to the stadium Late disqualifications are often the result of this situation. The deputy Chief Judge will

now be able to handle disqualifications on the course, while the Chief Judge covers the finish area, both in a timely manner.

- 3. The traditional "white" caution sign (paddle) is changed to "yellow" sign (paddle). It was felt that yellow is a more appropriate color for caution since it is used as such in other sports, such as soccer. I personally felt this was a weak arugment in that everyone currently has white paddles that are probably a better contrast to the black symbols than yellow.
- 4. Revision of the provision in IAAF Rule 230.4 (d) which states that "if it is impractical to inform the competitior of the disqualification during the race, disqualification shall be given immediately after the competitor has finished", by deleting the word "immediately" and replacing it with the words "as soon as practical" and adding the following sentence: "The failure to give prompt notification shall not result in the reinstatement of a disqualified competitor." This amendment is designed to better state what is intended by this provision and to prevent protests by competitors who were given at least three warnings but were not notified of their disqualification during the race or "immediately" after they finished. This was the basis of an unsuccessful protest in the Men's 20 Km Walk in the Sydney Olympics. This amendment should also be adopted at all national (USATF) rule events.
- 5. Specifying that a Warning Posting Board shall be placaed not only on the walk course but also near the finish. This is especially critical for competitions that are held outside the stadium but that finish in the stadium.
- 6. A provision has been added that gives notice to the fact that any disqualified competitor who fails to leave the course or track may be liable to further disciplinary action in aaccordance with IAAF RUle 53.1 (viii). Even though unsporting behavior is covered in IAAF RUle 145, it was considered appropriate to stress this provision in Rule 230.
- 7. For IAAF Rule 12.1 (a) competitions, hand-held computer devices with transmission capability must be used by the judges in communicating all warnings to the Recorder and the Warning Posting Boards. This new rule is proposed pending the reliable and practical demonstration of the appropriate technology. The appropriate technology is apparently available and will be pursued in the near future. This is also the best solution to the type of communication problems that have been experienced in past major international events and most recently in the Sydney Olympics.

All other IAAF Rule 230 proposals are mostly housekeeping changes for clarity, simplification, and to conform to current accepted practice. The most significant ones are the ones listed above. They are mostly aimed at improving racewalking at the international level, but some could affect racewalking at all levels of the sport. Therefore, they should also be considered as amendments to national (USATF) rules.

# **Looking Back**

40 Years Ago (From Chris McCarthy's Midwest Walker, May 1961)-John Allen won the National 50 Km on Long Island in 4:38:19, beating Ron Laird (4:40:16) and Ron Zinn (4:44:39. Carl Kurr was fourth in 4:46:33, with Bruce MacDonald, Elliott Denman, and Bob Mimm also under 5 hours. There were 22 finishers. . . Your editor won a 25 Km in Chicago in 2:06:57, better than 6 minutes ahead of Rimas Vacaitis and 7 ahead of Jack Blackburn. (See item on Rimas and how we got to this race in last month's Looking Back column.) However, the course, which had long been in question because the lap around the park just happened to be exactly a mile, was actually measured shortly after and proved to be somewhat less than a mile. Based on a comparison of the winner's splits in this race and in the National 25 on the same course a month later, the performance was worth about 2:11:30. I wasn't fit for 25 km. The first 13 laps averaged 7:52; the last 2 were 9:30 and 9:40 and the final 954 yards took 5:27.

35 Years Ago (From the May 1966 ORW)—The National 35 Km went to Ron Laird in 2:55:20, more than 15 minutes ahead of Goetz Klopfer. Bob Bowman and newcomer Larry Young finished third and fourth. . Ron Daniel and Canadian Karl Merschenz walked a dead heat in a fast 20 km in Ontario, finishing in 1:32:48. . . Young was improving fast, finishing just 7 seconds behind Larry Walkrs 13:54 in a 2 mile race.

30 Years Ago (From the May 1971 ORW)—The National 20 went to Tom Dooley, who edged Athens AC teammate Goetz Klopfer in San Francisco. Tom had a 1:32:18 with Goetz returning 1:32:38 in second and Larry Young 1:33:54 in third. Aging Ron Laird could manage only fourth ahead of John Knifton, Floyd Godwin, and Bill Ranney. Ranney finihsed in 1:35:40 and Bob Henderson, way back in 14th, broke 1:40 in the fastest mass finish in U.S. history to that date. . . Young did better at 35 Km, beating Laird on his home ground in Pomona with a 3:02:22. Ranney, Bob Bowman, John Kelly, and Mike Ryan followed. . .And Laird did better in the National 10 in Chicago, building an early lead and then hanging on to beat Floyd Godwin 47:10 to 47:18. Greg Diebold, Bob Henderson, some old dude named Mortland, and Jerry Brown followed. . .Host Elliott Denman edged George Braceland in a Monmouth N.J. 50 miler. Elliot had an 8:55:56 to George's 8:58:05. Some 50 minutes further back, our own Jack Blackburn hung on to beat Larry O'Neil for third. John Knifton turned in a 4:19:38 50 Km at the same site. . .Dave Romansky had 20 Km efforts in 1:33:04 and 1:33:27, but suffered a DQ in the national race. . In Luxembourg, Charlie Sowa covered 214,050 meters in 14 hours, averaging under 5:40 per 50 km.

25 Years Ago (From the May 1976 ORW)-Still a force in his late 30s, Ron Laird won the National 20 in New York in 1:33:53, the National 10 in Boulder in 45:07, and the National 15 on the track in Champaign, Ill in 1:08:49. In the 20, Dan O'Connor was second in 1:35:41, followed by Larry Young, Wayne Glusker, Jim Heiring, and Bob Kitchen. In the 10, Jerry Brown stayed close for 3 miles (21:20 to 21:45), but was DO'd at 4 miles, Greg Mcguire came second in 48:36 and Floyd Godwin was third. John Knifton was second in the 15, with Brown, Godwin, Alan Price, and Jerry Young next... Laird also got fourth, walking as a guest, in the 20 Km of a Mexico-Canada dual meet with a 1:29:51. Daniel Bautista had 1:25:13 and Raul Gonzales 1:25:53. In the 10 Km, Laird finished third in 45:23, with Domingo Colin returining 43:49. (Assuming th 10 was on the track, the times might make one wonder about the accuracy of the 20 Km course.). . In East Germany, Peter Frenkel and Karl-Heinz Stadtmuller both did 1:25:40 ahead of Hans-Georg Reiman, 1:26:19. In the USSR, it was Anatoiliy Solomin in 1:26:32, Yevgeniy Yesyukov 1:26:41, and Pyotr Potschenchuk 1:26:45. . . Jim Heiring won the NAIA 10 km in 47:55. . . In Bergen, Norway, the aforementioned Bautista did a world's best of 40:51.6 for 10 Km. . The U.S. beat Canada in a dual meet as Dan O'Connor won the 20 in 1:35:31 (Todd Scully had 1:34:05 as a non-scorer) and Jerry Lansing the 35 Km (really just 32.66 Km, as it turned out) in 2:46:20, just 8 seconds ahead of Augie Hirt.

20 Years Ago (From the May 1981 ORW)—Jim Heiring and Alan Price both won two National titles. Jim took the 20 in Kenosha, Wis. in 1:30:47 and the 10 on the track at Stagg Field in Chicago in 45:08. Price won the 100 Km in Arlington, Vir. in 11:17:11 and 4 weeks later the 100 mile in Methuen, Mass. with a 20:09:18. In the 100 Km, Price took the title, but Israel's Shaul Ladany easily won the race in 10:24:14. Sal Corrallo won the master's title in third place. Bob Keating was just 22 minutes in back of Price in the 100 miler and the Ohio's own Jack Blakeburn also went under 21 hours. In the 20, Dan O"Connor was second to Heiring in 1:32:20, followed by Marco Evoniuk and Todd Scully. Evan Fox led Mike DeWitt and Jay Byers for second place in the 10. . . Vicki Jones beat Paula Kash to win the women's National 20 Km in California. Vicki finished in 1:53:59, Paula in 1:55:03. Lori Maynard was another 2 minutes back.

15 Years Ago (From the May 1986 ORW)-Many more National titles were contested. Debbi Lawrence won the women's 20 km in Overland Park, Kansas, finishing in 1:46:07 and Carl Schueler took the men's 25 Km at the same site with his 1:53:28. Teresa Vaill was 33 seconds behind Debbi, with Canada's Micheline Daneau third and Susan Liers fourth. Jim Heiring led Schueler through 15 Km and finished just 3 seconds back in second. Dave McGovern and Gary Morgan were third and fourth. . . The National 15 Km in Long Beach went to Tim Lewis in 1:06:47. Paul Wick was 1:20 behind and Steve Pecinovsky nearly 3 minutes back in third. McGovern, Larry Walker, and Morgan followed. . . The National 50 Km was held in Seattle, with Marco Evoniuk winning in 4:13:32, Dan O'Connor went just under 4:20 in second and Eugene Kitts had 4:23:56 in third. Randy Mimm, John Slavonic, and Mark Fenton rounded out the top six...Teresa Vaill and Tim Lewis won Rockport 5 Km walks in Denver in 23:54 and 20:51. respectively. Debbi Lawrence and Gwen Robertson were second and third in the women's race, and Carl Schueler and Dave Cummnings second and third in the men's race. . . In the John Ljunggren Sweden Cup, East Germany's Hartwig Gauder won the 20 in 1:21:15 ahead of Victor Ivanenko, USSR, 1:22:18. The women's race went to Vera Osipova, USSR, in 1:35:52, ahead of Ann Jansson, Sweden, 1:36:18, probably one of the first elite international 20 Km races for

5 Years Ago (From the May 1996 ORW)--Victoria Herazo retained her National 20 Km title in Albany in 1:40:31.8 but fell well short of the record she set on the same course a year earlier-1:35:40. She went after it, going through the first 5 in under 23 minutes, but wasn't helped by weather conditions. Debbie Benton was a distant second in 1:54:32. In the men's National 25 held simultaneously, Gary Morgan was aiming for a sub 1:30 at 20 Km and missed it by just 7 seconds and went on to a personal best 1:54:48.5. John Soucheck was second in 2:11:02. . . In the Mortland 20 Km in Yellow Springs, Ohio, Cedarville College's Chad Eder blitzed a 1:29:56. . An international 20 Km in Eisenhuttenstadt, Germany saw eight men under 1:20, led by Yevgeniy Misyulya, Belarus in 1:18:18. Mikhail Schennikov, Russia; Igor Kollar, Slovak Rep.; and Daniel Garcia, Mexico followed, all under 1:19. For the U.S., Tim Seaman had a brilliant 1:24:14 in 34th with Allen James two places back in 1:25:05. Andrzej Chylinski had 1:26:48, Philip Dunn 1:27:05, and Rob Cole 1:27:50, probably the best ever performance by a U.S. team. Kerry Saxby-Junna, Australia, won the women's 10 at the same meet in 41:47, with 10 women under 43:00. Victoria Herazo led the U.S. contingent in 24th with a 45:02. Sara Standley did 45:56 and Dana Yarbrough 46:09 in another stellar U.S. team performance. . Russian titles went to Yelena Nikolayeva in 41:04 (a world record), Mikhail Schennikov in 1:18:36, and Andrei Plotnikov in 3:40:58. . . Italy's Annarita Sidoti won the European Cup 10 Km in 43:26. The men's 20 went to Poland's Robert Korzeniowski in 1:21:46 and the 50 to Spain's Jesus Garcia in 3:51:00.